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Vitahl Medical Aesthetics

## Dr. Tahl N. Humes

**TELL US ABOUT YOURSELF AND YOUR PRACTICE.** I founded Vitahl in 2005 with the goal of bringing together a luxurious environment with the safety and professionalism of a medical office. I graduated with a BS from Indiana University, completed medical school at Touro University in California, and my residency at Saint Joseph Hospital in Denver. Over the years, I have become known for my expertise in cosmetic and laser medicine. In 2010, Vitahl partnered with Dr. Jason Martin to expand our services and expertise even further. We train physicians from across the nation on lasers as well as in Botox® and dermal fillers. By offering some of the best laser technology on the market, Vitahl has become known for our cutting-edge laser treatments and advanced injection techniques. We are in the top 1 percent of Botox injectors and the top 5 percent of Juvederm injectors in the country. The goal at Vitahl is to offer the best treatments available, administered by some of the most highly qualified staff in town. We are committed to the highest standards of ethics and excellence and hold our staff to the same expectation.

**SERVICES OFFERED:** Vitahl has always offered nonsurgical aesthetics such as Pearl Laser Skin Rejuvenation, skin tightening, hair removal, Botox, and Juvederm. Over the years, we have become known as experts in nonsurgical aesthetics, and with the addition of Dr. Martin to Vitahl, we now offer almost all surgical and nonsurgical cosmetic treatments.

**WHAT SEPARATES YOU FROM YOUR COMPETITION?** We respect that Botox and lasers are medical procedures, and we do not cut corners. For us, it is about safety, professionalism, and outcomes. Vitahl has onsite physicians who work with nurses and laser specialists to ensure your experience is nothing short of flawless.

**TELL US WHY YOU CHOSE THIS INDUSTRY.** The science behind nonsurgical aesthetic treatments, especially lasers, drew me to the field because I love fashion, beauty, and science. I found that medical aesthetics is a way for patients to keep their natural beauty and look their best in the season's hottest fashions.

**WHAT TRENDS DO YOU FEEL READERS WOULD LIKE TO KNOW ABOUT?** 2011 is all about body contouring with a wide range of modalities including surgical and nonsurgical treatments.

## Dr. W. Jason Martin

**TELL US ABOUT YOURSELF AND YOUR PRACTICE.** Upon completing my general surgery residency and a plastic surgery fellowship at Rush University Medical Center in Chicago, Illinois, I had the honor of being selected for post-fellowship training in cosmetic surgery at the prestigious Manhattan Eye, Ear and Throat Hospital in New York, New York. After practicing in New York, I moved to Aspen, Colorado, with my wife and two children in 2007 to establish my practice. As my Aspen practice is flourishing, I have recently expanded to the Denver area and joined the Vitahl family in Cherry Creek.

**SERVICES OFFERED:** As a board-certified plastic surgeon, I perform all office and hospital-based cosmetic procedures. With an emphasis on minimally invasive procedures of the face and breast, I commonly perform mini face lifts, brow lifts, neck lifts, and eyelid and laser procedures. I also specialize and train other physicians in office-based, advanced body contouring procedures, including SmartLipo, VASER Lipo, Smoothshapes, and VASER Shape. As for my reconstructive surgery practice, I primarily focus on reconstructive procedures for face and hand injuries and reconstructive procedures related to breast cancer.

**WHAT SEPARATES YOU FROM YOUR COMPETITION?** Although the Denver metro area is fortunate to have a strong base of capable plastic surgeons, I do feel I have a truly unique approach to plastic surgery. With a strong emphasis on innovation and technology, I utilize a wide range of minimally invasive techniques to achieve exceptional, natural-looking results for my patients. Furthermore, my entire staff is dedicated to providing an enjoyable patient experience with care and attention to detail.

**TELL US WHY YOU CHOSE THIS INDUSTRY.** A combination of my two passions: art and surgery.

**WHAT TRENDS DO YOU FEEL READERS WOULD LIKE TO KNOW ABOUT?** The technological advances in office-based, body-contouring procedures has drastically changed the aesthetic surgery landscape. By combining advanced liposculpting techniques with the newest laser and ultrasound-assisted devices, the results are simply amazing. The best part: minimal recovery time and natural, long-lasting results.

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